

Katharine R. Sperandio, Ph.D., LPC, CAADC, ACS, NCC

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EDUCATION

Ph.D., William & Mary, May 2019, Counselor Education and Supervision,
CACREP-accredited program

Dissertation Title: When a Man Loves a Woman: A Phenomenological Exploration on the
Experiences of Male Sober Partners in Addictive Relationships

Dissertation Co-Chairs: Drs. Charles F. Gressard and Daniel Gutierrez

M.Ed., William & Mary, May 2014, Community Counseling (Addictions Emphasis),
CACREP-accredited program

B.S., Texas A&M University, August 2011, Psychology

LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor (LPC, 37PC01264300), New Jersey, 2026 – present

Licensed Professional Counselor (LPC, #PC010508), Pennsylvania, 2018-present

Certified Advanced Alcohol and Drug Counselor (CAADC, #23167), Pennsylvania, 2026-present

National Certified Counselor (NCC, #339679), National, 2014-present

Approved Clinical Supervisor (ACS, #3695), National, 2020-present

PROFESSIONAL EXPERIENCE

ACADEMIC POSITIONS

Associate Teaching Professor. (Montclair State University, August 2026 – present). Currently teaching and advising of Master's-level students, conducting counseling-related research and maintaining an active research agenda, performing service to the profession, university, college, and department.

Assistant Professor. (Saint Joseph's University, August 2022-May 2026). Taught and advised Master's-level students, conducted counseling-related research and maintained an active research agenda, developed and taught courses for the supplemental addictions certificate, served as CACREP-accreditation liaison, and performed service to the profession, university, college, and department.

Assistant Professor. (Thomas Jefferson University, Department of Counseling & Behavioral Health, July 2019-August 2022). Taught and advised Master's-level students, conducted counseling-related research and maintained an active research agenda, performed service to the profession, university, college, and department.

Coordinator of Trauma, Addictions, and Recovery Concentration. (Thomas Jefferson University, Department of Counseling & Behavioral Health, April 2020-August 2022). Coordinated and

taught classes for concentration, recruited instructors to teach courses, recruited students to enroll in the concentration.

CLINICAL EXPERIENCE

Owner. (Sperandio Counseling and Consulting LLC, Philadelphia, PA, November 2025-present).

Provide individual therapy for clients with mental health concerns, offer consultation to counseling professionals, supervise pre-licensed counselors seeking full licensure.

Counselor. (Walters Counseling LLC, Philadelphia, PA, July 2019-October 2025). Provide individual therapy for clients with mental health concerns, complete all administrative duties as necessary including documentation and intakes, and collaborate with other professionals in the community to provide optimal care for clients.

Doctoral Student Co-Director. (New Leaf Clinic, William & Mary, Williamsburg, VA, August 2018—May 2019). Oversee all administrative and clinical aspects of the clinic, provide individual and group supervision to Master's level interns, collaborate with college and Williamsburg community to obtain client base, and work from a Motivational Interviewing-based approach with clients who engage in problematic substance use behaviors.

Doctoral Student Co-Director. (Project Empower, William & Mary, Williamsburg, VA, August 2016 – May 2019). Oversee all administrative aspects of the program, assist in the transition of the program into a mentorship service, implement a 12-week curriculum designed to increase at-risk high school students' social capital, consult with local school system to allow for effective collaboration, facilitate group and individual supervision for Master's-level student interns, and provide individual counseling services for 4-5 high school students who display higher risk behaviors in the schools.

Group Facilitator. (New Directions Family Group, William & Mary, Williamsburg, VA, September 2018-May 2019, September 2017-December 2017). Facilitate a group of middle schoolers (12-14 years) who are referred for school and family-related concerns.

Doctoral Student Intern. (BASICS, New Leaf Clinic, William & Mary, Williamsburg, VA, August 2016-May 2018). Assisted co-directors with the daily operations and management of a Brief Alcohol Screening Intervention for College Students (BASICS), Six Session Intervention, and an Alcohol Skills Treatment Protocol (ASTP) programs, substituted as acting supervisor when co-directors were unavailable, and provided individual counseling for students displaying high risk behaviors.

Counselor. (AMHA Methadone Clinic, Philadelphia, PA, February 2016-August 2016). Provided substance abuse individual counseling services for clients on methadone maintenance therapy, completed all documentation to remain compliant with insurance standards, collaborated with other medical and helping professionals regarding client care, conducted group therapy and psychoeducation sessions for clients engaging in substance abuse, and formulated a new Women's Group for female-identified clients.

Counselor. (SOAR Corp Methadone Clinic, Philadelphia, PA, October 2014-February 2016). Provided substance abuse individual counseling services for clients on methadone maintenance therapy, completed all documentation in order to remain compliant with insurance standards, collaborated with other medical and helping professionals regarding client care, implemented harm reduction with clients, and conducted group therapy and psychoeducation sessions for clients engaging in

substance abuse.

Case Manager/Counselor. (The Counseling Center LLC, Norfolk, VA, June 2014-October 2014).

Conducted biopsychosocial assessments, composed accurate treatment plans with clients, provided outpatient substance abuse services for adult clients on legal probation, composed thorough documentation in compliance with agency and ethical standards, facilitated group counseling for clients, collaborated with probation officers in the community, collected urine samples in order to encourage client compliance, engaged in case management with individual clients, and participated in supervision for clinical activities.

TEACHING EXPERIENCE

Saint Joseph's University

- CNS 575: Family Systems and Addictions (online)
- CNS 580: Diagnosis, Treatment, and Recovery in Addictions (online)
- CNS 565: Addictions Counseling (online)
- CNS 505: Counseling Theories and Techniques (online)
- CNS 525: Counseling Skills and Techniques (online)
- CNS 550: Diagnosis and Treatment Planning in Counseling (online)
- EDL 835: Qualitative Research (doctoral-level course, Educational Leadership program)

University of Pennsylvania

- EDUC 7550.920: Trauma in Counseling and Mental Health

Thomas Jefferson University

- CTC 601: Orientation to Counseling
- CTC 607: Advanced Theories and Practice
- CTC 791: Internship I
- CTC 609: Counseling Assessment
- CTC 614: Addictions Theory and Practice
- CTC 671: Ethical Treatment and Interventions for Addiction

William & Mary

- EDUC C44: Addictions Counseling, Co-Instructor
- EDUC C42: Practicum in Counseling, Co-Instructor
- EDUC C33: Techniques of Counseling, Co-Instructor
- EDUC C34: Group Theory and Techniques, Co-Instructor
- EDUC C43: Professional, Ethical, and Legal Issues in Counseling, Co-Instructor
- EDUC C45: Transpersonal Counseling, Co-Instructor
- EDUC 645: The Counselor and Psychopathology, Co-Instructor
- EDUC C47: Internship in Clinical Mental Health Counseling, Co-Instructor

Other Online Courses

- EDUC C43: Professional, Ethical, and Legal Issues in Counseling, Co-Instructor
- CTC 614: Addictions Theory and Practice*
- CTC 671: Ethical Treatment and Interventions for Addiction*
- CTC 601: Orientation to Counseling*
- CTC 607: Advanced Theories and Practice*

- CTC 791: Internship I*

*Course was moved to an online format for Fall 2020 and Spring 2021 due to COVID-19 pandemic

Online Course Development

- CNS 575: Family Systems and Addictions (Developed in Spring 2024)
- CNS 580: Diagnosis, Treatment, and Recovery in Addictions (Developed in Fall 2023)
- CNS 550: Diagnosis and Treatment Planning (Developed in Fall 2022)
- CNS 565: Addictions Counseling (Developed in Fall 2022)

SUPERVISION INTERNSHIP EXPERIENCE

Supervisor. (Project Empower, William & Mary, Williamsburg, VA, August 2016 – May 2019). Provide weekly individual and group supervision for master's-level students (school cognate); supervise five students.

Supervisor. (New Leaf Clinic, William & Mary, Williamsburg, VA, August 2018-May 2019). Provide weekly and group supervision for master's-level students who work with clients engaging in problematic substance use behaviors.

Supervisor Intern. (New Leaf Clinic, William & Mary, Williamsburg, VA, August 2016 – May 2018). Substitute as the acting supervisor when co-directors are unavailable, provide individual and group counseling for master's level counseling students (addictions cognate)

Supervisor. (William & Mary, Williamsburg, VA, January 2017-May 2018). Provide weekly individual and group supervision to master's level counseling students completing their practicum (addictions, school, marriage and family cognates); supervise four students.

Educational Experience. (William & Mary, Williamsburg, VA, August 2016 - present). While enrolled as a doctoral student, completed the following supervision courses:

- EDUC 647 Internship in Counselor Supervision
- EDUC 639 Theory and Process of Counselor Supervision

RESEARCH AND PUBLICATIONS

PEER-REVIEWED PUBLICATIONS

17. Mullen, P. R., Poandl, M. M., Xie, L., Kitching, E., Dukes, A., & **Sperandio, K.** (Accepted September 2025, in press). Work-related rumination among clinical mental health counselors. *Journal of Mental Health Counseling*.
16. Newhart, S., Vaughn, C., & **Sperandio, K.** (Accepted in April 2025, in press). Experiential group curriculum for facilitating development among counselors in training. *Journal of Professional Counseling: Practice, Theory & Research*.
15. **Sperandio, K. R.**, Dukes, A., Niles, J. K., Fears, A., Mullen, P. R. (2025). Ethical and legal issues in counseling: A conventional content analysis. *Counseling and Values*, 70(1), 121-152.
<https://doi.org/10.1163/2161007x-bja10032>

14. Mullen, P. R., **Sperandio, K. R.**, Dukes, A., Niles, J. K., & Fears, A. (2024). Development and testing of the Frequency of Ethical and Legal Issues in Counseling Scale. *Counseling and Values*, 69(3), 302-325. <https://doi.org/10.1163/2161007x-bja10022>
13. Green, D. A., & **Sperandio, K. R.** (2024). Abolitionist praxis for substance use clients who experience anti-drug policing. *Professional Counselor*, 14(1), 48-63.
12. Moh, Y., **Sperandio, K. R.**, Munthali, G., & Dugan, A. (2023). Incorporating trauma-informed teaching practices in the counselor education classroom. *Journal of Counselor Preparation and Supervision*.
11. **Sperandio, K. R.**, Gutierrez, D., Tuazon, V. E., Kirk, M., & Lopez, J. (2023). The relationship between posttraumatic growth and forgiveness following the drug-related death of a loved one. *Journal of Humanistic Counseling*, 1-14. <https://doi.org/10.1002/johc.12202>
10. Russo, G. M., Smith, S., & **Sperandio, K. R.** (2023). A meta-analysis of neurofeedback for treating substance use disorders. *Journal of Counseling and Development*, 1-14. <https://doi.org/10.1002/jcad.12466>
9. Goshorn, J., Mason, W. N., & **Sperandio, K. R.** (2022). Does meaning-in-life or self-compassion influence LGBTQ+ identity or outness? *Journal of LGBTQ Issues in Counseling*, 16(4). <https://doi.org/10.1080/26924951.2022.2093309>.
8. Goshorn, J., **Sperandio, K. R.**, & Mason, W. N. (2022). Hope and thriving in the LGBTQ+ community: Impact on the interaction between identity and outness. *Journal of LGBTQ Issues in Counseling*, 16(3), <https://doi.org/10.1080/26924951.2022.2054490>
7. **Sperandio, K. R.**, Goshorn, J. R., Moh, Y., Gonzalez, E., & Johnson, N. G. (2022). Never ready: Addictions counselors dealing with client death. *Journal of Counseling & Development*, 101(1), 29-45. <https://doi.org/10.1002/jcad.12440>
6. Moh, Y. & **Sperandio, K. R.** (2022). The Need to Consider Requiring Trauma Training in Entry-Level Academic Training Programs in Clinical Mental Health Counseling. *Journal of Mental Health Counseling*, 44(1), 18-31. <https://doi.org/10.17744/mehc.44.1.03>
5. **Sperandio, K. R.**, Gutierrez, D., Lopez, J., Kirk, M., Mason, W. N. (2021). Post-traumatic growth after the drug-related death of a loved one: Understanding the influence of self-compassion and hope. *The Family Journal: Counseling and Therapy for Couples and Families*.1-11. <https://doi.org/10.1177/10664807211052479>
4. **Sperandio, K. R.**, Gressard, C. F., & Gutierrez, D. (2021). When a man loves a woman: Experiences of male partners in relationships with addicted women. *Journal of Addictions and Offender Counseling*, 42, 97-112. <https://doi.org/10.1002/jaoc.12096>
3. **Sperandio, K. R.**, Gutierrez, G., Hilert, A., & Fan, S. (2021). The lived experiences of addiction counselors after marijuana legalization. *Journal of Addictions and Offender Counseling*, 42(1), 35-49. <https://doi.org/10.1002/jaoc.12088>
2. Gonzalez, E., **Sperandio, K. R.**, Mullen, P. R., & Tuazon, V. E. (2021). Development and initial

testing of the Multidimensional Cultural Humility Scale. *Measurement & Evaluation in Counseling & Development*, 54(1), 56-70. <https://doi.org/10.1080/07481756.2020.1745648>

1. Mullen, P. R., **Sperandio, K. R.**, Hagedorn, W. B., & Hilert, A. (2019). School counselors' use of SBIRT for substance use screening. *Journal of Child and Adolescent Counseling*, 5(3), 275-289. <https://doi.org/10.1080/23727810.2019.1671759>

NON-REFEREED ARTICLES

Moh, Y., & **Sperandio, K.** (2020). How do counselors support clients during the Coronavirus pandemic? *Counseling Today Online Exclusives*. Retrieved from <https://ct.counseling.org/2020/04/how-do-counselors-support-clients-during-the-coronavirus-pandemic/>

CURRENT PROJECTS

Russo, G. M., **Sperandio, K. R.**, Um, B., Porter, C., Jimenez, U. Neurofeedback and Depression.

Sperandio, K. R., & Mason, W. N. Narrative Therapy and Families Struggling with Addiction.

Sperandio, K. R., Green, D., & Russo, G. M. Police Violence and Substance Use: A Meta-Analysis.

GRANTS AND CONTRACTS

NATIONAL AND STATE GRANTS

Sperandio, K. R., Moh, Y. *Collegiate Recovery Program*. Independence Blue Cross Foundation's Supporting Treatment and Overdose Prevention. \$50,000 total costs. Funded.

Sperandio, K. R. *Multidimensional Cultural Humility Scale Validation*. Thomas Jefferson University Faculty Seed Grant. \$5,000 total costs. Funded.

PROFESSIONAL PRESENTATIONS

INTERNATIONAL CONFERENCES

Sperandio, K., & Vaughn, C. (2018, February). *Males and intimate partner violence: Assessment and treatment recommendations*. Presented at the International Association of Marriage and Family Counseling, New Orleans, LA.

Sperandio, K., & Vaughn, C. (2017, February). *The utility of genograms in working with the addictions population*. Presented at the International Association of Marriage and Family Counseling, New Orleans, LA.

NATIONAL CONFERENCES

Dukes, A., **Sperandio, K. R.**, & Benoit, E. (2025, October). *Using Artificial Intelligence (AI) to Support Counseling Students' Research Competencies*. Presented at the Association for Counselor Education and Supervision biennial conference, Philadelphia, PA.

- Sperandio, K. R., & Green, D.** (2025, October). *Unmasking Soft Policing: Equipping Counselors for Anti-Oppressive Practice*. Presented at the Association for Counselor Education and Supervision biennial conference, Philadelphia, Pa.
- Russo, G. M., Porter, C., **Sperandio, K.**, Jimenez, U. (2025, September). *A Meta-Analysis of Neurofeedback for Treating People with Depressive Symptomatology*. Presented at the Association for Assessment and Research in Counseling conference, Daytona, FL.
- Green, D., & **Sperandio, K. R.** (2025). *New Visions for Inclusion, Belonging, and Social Justice in the Counseling Progression*. Accepted through national, peer-review process for presentation at the NBCC Foundation Bridging the Gap Symposium: Elimination Mental Health Disparities. Symposium was canceled due to federal funding constraints.
- Sperandio, K. R.**, Dukes, A., & Niles, J. (2024, September). *Let's Get Ethical: A Content Analysis of the Frequency of Ethical/Legal Dilemmas that Counselors Experience*. Presented at the Association for Assessment and Research in Counseling conference, Pittsburgh, PA.
- Green, D. A., & **Sperandio, K. R.** (2024, March). *Promoting Social Justice for Clients who Experience Anti-Drug Policing and Police Violence*. Presented at the National Board for Certified Counselors Symposium, Arlington, VA.
- Sperandio, K. R.**, Green, D., & Mason, W. N. (2023, October). *Engaging Students in Online Counselor Education Programs: Creative Strategies for Online Teaching*. Presented at the Association for Counselor Education and Supervision biennial conference, Denver, CO.
- Goshorn, J. R., & **Sperandio, K. R.** (2023, October). *Trauma-Informed Existential Supervision Model*. Presented at the Association for Counselor Education and Supervision biennial conference, Denver, CO.
- Sperandio, K. R.**, Gonzalez, E., & Green, D. A. (2023, September). *Teaching Qualitative Research: Unique Strategies to Bring into the Classroom*. Presented at the Association for Assessment and Research in Counseling conference, Nashville, TN.
- Green, D. A., & **Sperandio, K. R.** (2023, September). *Using Research to Promote Social Justice for Clients who Experience Anti-Drug Policing and Police Violence*. Presented at the Association for Assessment and Research in Counseling conference, Nashville, TN.
- Moh, Y., & **Sperandio, K. R.** (2023, March). *Who is Caring for Caregivers?: Multiple Losses, Diminished Support, and Depression*. Presented at the American Counseling Association conference, Toronto, Canada.
- Sperandio, K. R.**, Bledsoe, K., Chan, C., Chen, C., McKibben, W. B. (2022, September). *Plenary Panel Discussion*. Presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.
- Sperandio, K. R.**, & Mason, W. N. (2022, September). *The Role of Posttraumatic Growth, Hope, and Self-Compassion Following the Drug-Related Death of a Loved One*. Presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.
- Russo, G. M., **Sperandio, K. R.** (2022, September). *Evaluating the Efficacy of Neurofeedback in the*

Reduction of Substance Use Disorder Symptoms Through Meta-Analysis. Presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.

Mason, W. N., **Sperandio, K. R.** (2022, September). *Does Meaning-In-Life or Self-Compassion Influence LGBTQ+ Identity or Outness? Implications for Clinical Work with Clients*. Presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.

Sperandio, K. R., Moh, Y. S. (2021, September). *Another Life Lost: The Impact of Client Death on Addiction Counselors*. Presented at the Association for Assessment and Research in Counseling conference, Cincinnati, Ohio.

Sperandio, K. R. (2021, September). *The Experiences of Addiction Counselors after Marijuana Legalization: A Phenomenology*. Presented at the Association for Assessment and Research in Counseling conference, Cincinnati, Ohio.

Sperandio, K. (2021, July). *Creative Interventions to Use with Families Struggling with Addiction*. Presented at the Philadelphia Trauma Training Conference, virtual platform.

Sperandio, K., Goshorn, J. R., Mason, W. N. (2021, June). *Incorporating Psycho-spiritual Factors When Working with LGBTQ+ Clients*. Presented at the Association for Humanistic Counseling, virtual platform.

Sperandio, K., Moh, Y. S., Mason, W. N. (2021, April). *Helping the helpers: Counselors experiencing stress related to COVID-19*. Presented at the American Counseling Association, virtual platform.

Sperandio, K., Gonzalez, E., Mullen, P. R., Tuazon, V. (2021, April). *The Multidimensional Cultural Humility Scale: A new way to measure cultural humility*. Presented at the American Counseling Association, virtual platform.

Moh, Y. S., & **Sperandio, K.** (2020, September). *An Integrative Approach to Mental Health Counseling*. Presented at the Association of Assessment and Research in Counseling, virtual platform.

Moh, Y., **Sperandio, K.**, Johnson, N. (2020, June). *Collaborative action toward healing in minority communities*. Presented at the Association of Multicultural Counseling and Development, virtual platform.

Sperandio, K., & Tuazon, V. (2020, April). *The Multidimensional Cultural Humility Scale: A new way to measure cultural humility*. Presentation accepted at the American Counseling Association, San Diego, CA.

****Conference cancelled due to COVID-19****

Sperandio, K., & Wagner, N. (2017, October). *Adjunct faculty in CES programs: Recommendations for support*. Presented at the Association for Counselor Education and Supervision, Chicago, IL.

Sperandio, K., & Honderich, E. (2017, October). *Substance use treatment implications of legalized marijuana*. Presented at the Association for Counselor Education and Supervision, Chicago, IL.

STATE CONFERENCES

Sperandio, K., Moh, Y. (2021, November). *Another Life Lost: Addictions Counselors who Experience*

Client Death. Presented at the Pennsylvania Counseling Association, Valley Forge, PA.

Moh, Y., & **Sperandio, K.** (2020, October). *An Integrative Approach to Mental Health Counseling*. Presented at the Pennsylvania Counseling Association, virtual platform.

Sperandio, K., Moh, Y., & Farrell, P. (2020, October). *Who's Helping the Helper? Creative Strategies to Promote Counselor Wellness in the Wake of COVID-19*. Presented at the Pennsylvania Counseling Association, virtual platform.

Sperandio, K., Moh, Y., & Page, A. (2020, October). *Creative Interventions to Use with Families Struggling with Addiction*. Presented at the Pennsylvania Counseling Association, Virtual Platform.

Sperandio, K., & Goshorn, J. (2019, November). *Burnout and addictions: The importance of promoting counselor wellness*. Presented at the Pennsylvania Counseling Association, State College, PA.

Mullen, P., **Sperandio, K.**, Markland, S., & Clemo, V. (2018, October). *Building social capital in students through mentoring*. Presented at the Virginia School Counseling Association, Hampton, VA.

Sperandio, K., & Gonzalez, E. (2017, November). *Cultural humility: Can it be problematic to know too much?* Presented at the Virginia Counselor's Association, Hot Springs, VA.

Mullen, P., Chae, N., & **Sperandio, K.** (2017, October). *School counselors' application of motivational interviewing with academically disengaged students*. Presented at the Virginia School Counseling Association, Hampton, VA.

REGIONAL CONFERENCES

Moh, Y., & **Sperandio, K. R.** (2022, November). *Trauma-Informed Educational Practices in a Culturally Responsive Way*. Presented at the North Atlantic Region Association for Counselor Education and Supervision biennial conference, Pittsburgh, PA.

LOCAL CONFERENCES

Sperandio, K. R. (2023, June). *Creating a Culture of Care and Support*. Presented at the Catholic Education Summer Conference, Philadelphia, PA.

DiDonato, S., Richardson, A., & **Sperandio, K.** (2020, February). *Let's get ethical: Working with trauma exposed families*. Presented at the Greater Philadelphia Area Counseling Association, Philadelphia, PA.

INVITED SPEAKER

Sperandio, K. R., & Anandavalli, S. (2024, March). *Critical Elements of Rigorous Qualitative Research*. National Board of Certified Counselors Bridging the Gap Symposium, Arlington, VA.

Sperandio, K. R. (2023, April). *Studies in Counseling*. Podcast hosted by Brian Nuckols.

Sperandio, K. R., Gonzalez, E. (2021, December). *Cultural Humility in Counseling and Counselor Education*. Webinar Presentation, North Atlantic Region Association for Counselor Education

and Supervision.

Sperandio, K. R., Goshorn, J. R., & Moh, Y. (2021, September). *Another Loss: Addictions Counselors who Experience Client Death*. Webinar Presentation, Association for Humanistic Counseling.

Sperandio, K. (2021, June). *Addictions, Trauma, and Human Growth & Development*. Presented virtually for counseling students in Human Growth and Development course at Montclair State University.

Sperandio, K. (2021, March). *Addictions, Trauma, and Human Growth & Development*. Presented virtually for counseling students in Human Growth and Development course at Montclair State University.

Sperandio, K. (2021, March). *Addictions Community Coalition*. Presented virtually for students, faculty, and staff at Rosemont College.

Sperandio, K. (2020, November). *Substance Abuse and Society Panel*. Presented virtually for counseling students at William & Mary.

Sperandio, K. (2020, September). *Addictions and Trauma*. Presented virtually for counseling students at Montclair State University.

Sperandio, K. (2020, August). *Motivational Interviewing Training*. Presented virtually for midwifery students at Thomas Jefferson University.

Sperandio, K. (2020, July). *Vicarious Trauma and Self-Care for Healthcare Professionals*. Presented at Thomas Jefferson University for Physician Assistant students, Philadelphia, PA.

Tuazon, V. E., & **Sperandio, K.** (2020, May). Medication-assisted treatment: What counselors should know. Presented virtually for counseling students at New Jersey City University.

Sperandio, K. (2019, July). *Vicarious Trauma and Self-Care for Healthcare Professionals*. Presented at Thomas Jefferson University for Physician Assistant students, Philadelphia, PA.

Sperandio, K. (2019, March). *Motivational Interviewing Workshop*. Presented at William & Mary, Williamsburg, VA.

Sperandio, K. (2017, November). *A Lecture on the Topic of Group Counseling*. Presented at William & Mary, Williamsburg, VA.

Sperandio, K., Thompson, R., & Brown, R. (2017, March). *An Informational Session on Motivational Interviewing*. Presented at William & Mary, Williamsburg, VA.

SERVICE TO THE PROFESSION

Association for Assessment and Research in Counseling Conference Accessibility Taskforce (2025)
Co-Chair

Association for Counselor Education and Supervision Proposal Reviewer (2025)

Association for Assessment and Research in Counseling Conference Proposal Reviewer (2022, 2024)

American Counseling Association Conference Proposal Reviewer (2021, 2022, 2023)

Strategic Framework Task Force (2022)

International Association for Resilience and Trauma Counseling

Conference Committee (2021-2022)

Association for Assessment and Research in Counseling

Site Visit Team Member (2021-present)

CACREP

Editorial Board Experience:

Editorial Board Member (2023 – present)

Counselor Education and Supervision

Associate Editor (2022-present)

The Professional Counselor

Editorial Board Member (2021-present)

Journal of Counseling & Development

Editorial Board Member (2020-2022)

Romanian Journal of Counseling

Editorial Board Member (2020-2022)

The Professional Counselor

Editorial Board Member (2020-present)

Counseling and Values

Editorial Board Member (2020-present)

Journal of Counselor Preparation and Supervision

Editorial Board Member (2020-present)

Journal of Addictions and Offender Counseling

SERVICE TO THE UNIVERSITY

Assessment Committee (Fall 2025 – Spring 2026)

*Saint Joseph's University, Counseling Program
Chair*

Advisory Board on Faculty Compensation (Fall 2025 – Spring 2026)

*Saint Joseph's University
Member – FPP Representative*

Search Committee for CMHC Program (Fall 2025)

Saint Joseph's University

Member

Search Committee for CMHC Program (Spring 2025)

Saint Joseph's University

Member

Social Justice Committee (Fall 2024 – Spring 2026)

Saint Joseph's University, School of Education and Human Development

Member

Community Committee (Fall 2024 – Spring 2026)

Saint Joseph's University, School of Education and Human Development

Member

Curriculum Committee (Spring 2024 – Fall 2025)

Saint Joseph's University, Counseling Program

Chair

Ignatian Leadership Program (Spring 2024)

Saint Joseph's University

Faculty Cohort Member

Search Committee for CMHC Program (Fall 2024)

Saint Joseph's University

Member

Faculty Policies and Procedures Committee (September 2023 – present)

Saint Joseph's University

Member

Search Committee for CMHC Program (Spring 2023)

Saint Joseph's University

Chair

University Council (August 2022 – May 2023)

Saint Joseph's University

Member (SEHD representative)

Search Committee for CMHC Program (Spring 2023)

Saint Joseph's University

Co-Chair

Student Affairs Committee (August 2021-August 2022)

Thomas Jefferson University

Member

Curriculum Committee (August 2020-August 2022)

Thomas Jefferson University

Member

Philadelphia Trauma Training Conference Proposal Review (2020)

Thomas Jefferson University

Reviewer

CACREP Self-Study Preparation (2019-2022)

Thomas Jefferson University

Team member

PROFESSIONAL MEMBERSHIPS

American Counseling Association (2012 - present)

Association for Counselor Education and Supervision (2017 - present)

North Atlantic Region Association for Counselor Education and Supervision (2019 – present)

Association for Assessment and Research in Counseling (2020-present)

Pennsylvania Counseling Association (2019-2022)

Greater Philadelphia Area Counseling Association (2019-2022)

Association for Multicultural Counseling and Development (2019-2021)

International Association for Resilience and Trauma Counseling (2021-2022)

AWARDS AND RECOGNITION

Faculty Merit Research Award, Saint Joseph's University, (2024)

ACES Supervision Award, Association for Counselor Education and Supervision, (2023)

Student Appreciation Award, Thomas Jefferson University, (2020)

S. Stuart Flanagan Family Graduate Fellowship, William & Mary, \$2,097, (2016)